



APRIL 2016

SEIKA TOWN
OFFICE

いちご



NO. 252

Seika's English Language Newsletter

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RESERVE A MY NUMBER PICKUP DATE

Issuance notification letters are being sent out to those who have applied to have their My Number card issued. Once it has arrived, please reserve a time by phone or email.

In addition, you may also pick up your My Number notification card without a reservation on a weekend reception day (April 10th, 24th) if it was delivered to the town office. The reception is scheduled to be open after May as well.

▼Reservation Contact Info

Town Office General Reception Division TEL: 95-1915 (weekdays 8:30 AM - 5:15 PM)
Email: madoguchi@town.seika.kyoto.jp

▼Reception Times

Weekdays and April 10th (Sun) and 24th (Sun), 9:00 AM - 4:30 PM

▼Reception Location

My Number Temporary Reception, in front of the General Reception Division (Town Office 2nd Fl.)

▼Things to Bring

- ◆ Notice of Delivery (Envelope) (*Koufu Tsuuchi-sho*)
- ◆ My Number Message Card (*Tsuuchi Kaado*)
- ◆ *Basic Resident Register Card (Jumin Kihon Taicho Kaado)*
- ◆ Some form of identification

At least one of the following: Driver's License, Driving History Certificate (Issued after April 1st, 2012) Passport, Physical Handicap Booklet, etc.

Please Prepare a Pin Number

You will need to establish two pin numbers at the reception desk; one consisting of letters and numbers that is between 6 and 16 characters long (all letters or all numbers is not possible) and one consisting of 4 numbers.

Pickup Must Be Done by the Person Who Registered

In principle, pickup must be done by the person to whom the card belongs. Being unable to come to the town office because of work or school is not considered an acceptable excuse.

Contact

For advice regarding the My Number program, the Message Card or the My Number card, call the My Number General Free Dial Number (TEL: 0120-95-0178)

7TH INTERNATIONAL UNDERSTANDING FESTIVAL

~ Open the window to the world ~

Time: April 24th (Sun) 1:40 PM to 4:40 PM

Place: Seika Town Hall (Town Office 2nd Fl.)

Participants: Up to 100

Details: Come enjoy food, fun and culture from other countries, and have a discussion with foreign volunteers who share their experiences with things that surprised them about daily life in Japan.

Contact: TEL: 0774-72-5896 Email: seika-global-net-info@zeus.eonet.ne.jp

Headline:

- English Cafe
4/3
- Hawaiian Festival
5/3-4



FUN WITH BIKES

As a pre-event to the 19th Tour of Japan that will take place on May 30th in the town of Seika and Kyotanabe City on the Kyoto stage, the 2016 Keihanna Cycling Festival was held in Keihanna Plaza on the 12th of March (Sat).

During the first part, the leader of the comedy group Yasuda Dai Circus, Leader Yasuda, and the director of the Tour of Japan, Osamu Kurimura, held a talk show. The whole building was in a fit of laughter listening to their casual discussion. To get the best observer experience at a road race, they offered the following advice: "Go to an uphill segment of the race where you can really feel the power of the athletes."

In the second part, a parent-child bicycle class was held, where children from in and around Seika learned about cycling rules and techniques. Ryuto Kawai, a participant of the class said "After using my bike only for transportation up until now, I had never thought of it as fun, but today's lesson was really enjoyable".

Town Planning and Coordination Division TEL: 0774-95-1900

COMPLETE PROCEDURES FOR NATIONAL HEALTH CARE BY 14TH

People who are enrolling or withdrawing in the National Health Insurance system because of work, retirement or transferring jobs, should bring the following to the National Insurance Division in the town office by the 14th.

Enrollment

A form of proof that you lost your qualifications for National Health Insurance, a personal seal (inkan), and something with your "My Number" on it.

Withdrawal

Your most recent National Health Insurance Card, a personal seal (inkan), and something with your "My Number" on it.

Contact

National Health Insurance and Treatment Division, Health Insurance Section TEL: 0774-95-1929

SIGN UP FOR SPECIAL HEALTH CHECKUP BY 20TH

If you are enrolled in National Health Insurance and are between the ages of 40 and 74, the deadline to sign up for special health checkups is the 20th of April. Health Establishments in which you can enroll for the special checkup are listed in the "2016 Family Health Calendar" distributed in March, and on the home page.

One third of deaths among town residents are a result of lifestyle related diseases. The risk of lifestyle related diseases gradually increases from when you are young. It is important to resolve any issues that your body may have as early as possible.

However, only have of 40 to 50 year olds enrolled in National Health Insurance participate in the special checkup. Make sure to enroll every year and get a health checkup to prevent any severe life style diseases.

Contact

National Health Insurance and Treatment Division, National Health Insurance Section TEL: 95-1929

QUICK LIST

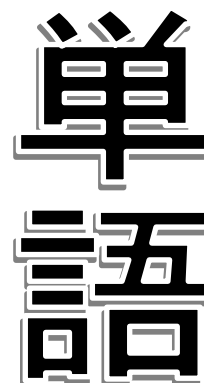
Hello and welcome to the Quick List! Each week we will present a short list of vocabulary that you can quickly put to use in daily life.

This Week's Theme: **Sakura!**

Next Week's Theme is **Work!**

Please send me feedback! Is this list at a good level? Too hard? Too easy? Also, if you have topic suggestions please tell me what you want to learn!

1. 桜 — さくら — Cherry Blossoms
2. 咲く — さく — to blossom
3. 花見 — はなみ — Flower Viewing
4. つぼみ — Bud
5. 満開 — まんかい — Full Bloom
6. 散る — ちる — to fall (leaves)
7. 花びら — はなびら — Flower Petal
8. ひらひら — fluttering (how petals fall to the ground)
9. 桜ふぶき — さくらふぶき — When flower petals fall and make a scene like a snowstorm





THIS MONTH'S EVENTS

Day	Time	Details	Place
Apr 14 (Thu)	16:00 - 17:15	Disabled Persons Craft Fair	In front of Town Library (Town Hall 2nd Fl.)
Apr 24 (Sun)	14:00 - 16:30	7th International Understanding Festival	Seika Exchange Hall

Mukunoki Center		
Day	Time	Details
4/1 (Fri)	-	Closed
4/10 (Sun)	9:00 - 17:00	Sports Festival Soft Volleyball
4/13 (Wed)	15:00 - 17:00	Table Tennis Day
4/17 (Sun)	9:00 - 12:00	Smile Sports Arena
4/20 (Wed)	15:00 - 17:00	Table Tennis Day
4/27 (Wed)	-	Closed
5/8 (Sun)	9:00 - 15:00	Sports Festival Soft Table Tennis

Health Center		
Day	Time	Details
4/12 (Tue)	13:00 -	3.5 Yr-Old Checkup
4/15 (Fri)	13:00 -	1.5 Yr-Old Checkup
4/18 (Mon)	13:30 -15:30	Papa Mama Class Care Edition
4/19 (Tue)	13:00 -	2 Yr-Old Dental Health Checkup
4/22 (Fri)	13:00 -	9 ~ 10 Month-Old Checkup
4/26 (Tue)	13:00 -	3 ~ 4 Month-Old Checkup
5/10 (Tue)	13:00 -	2 Yr-Old Dental Health Checkup

EVENTS

English Cafe

Time: April 3rd, 1:30 PM to 3:30 PM

Place: Mukunoki Center Training Room TEL 0774-98-0200

Details: Watch an English picture presentation, freely speak in English, listen to music, sing songs and enjoy meeting other people. Foreign participants are welcome!

Cost: No cost (Bring your own drink and snacks)

※No reservation required, just show up

Contact Info: Seika Global Network Representative Wakita TEL: 090-2191-9864

Aloha Everyone!

~ Hawaii Festival 2016 ~

Time: May 3rd (Hol/Tue), May 4th (Hol/Wed) 10:00 AM to 4:00 PM (Will be rescheduled to May 5th (Hol/Thu) if weather requires)

Location: Keihanna Commemorative Park Shibafu Park

Details: Enjoy Hawaiian music, the traditional Hawaiian hula dance, stands selling Hawaiian goods and a variety of food and drinks with a bit of Hawaiian flare added to them.

KEIHANNA PLAZA SMALL CONCERT

In the Atrium Lobby

Dates: ①April 20th (Wed)

②April 27th (Wed)

Time: 12:15 PM - 12:45 PM

Songs: ①Pablo de Sarasate

“Zigeunerweisen” (Violin, Piano)

②Maurice Ravel “Rapsodie espagnole” (2 Pianos)

Contact: Keihanna Plaza

Puchi Concert Committee

TEL: 0774-95-6128



SEIKA TOWN OFFICE
PLANNING AND
COORDINATION DIVISION

Kyoto-fu, Sōraku-gun, Seika-cho

Minami-Inayazuma, Kitajiri 70

TEL: 0 7 7 4 -95- 1 9 0 0

FAX: 0 7 7 4 -9 5 -3 9 7 1

EMAIL cir@town.seika.kyoto.jp

SŌRAKU EMERGENCY MEDICAL CLINIC SCHEDULE

Date	Specialty	Date	Specialty
April 3rd (Sun)	PD	May 1st (Sun)	IM
April 10th (Sun)	PD	May 3rd (Hol/Tue)	IM
April 17th (Sun)	IM	May 4th (Hol/Wed)	IM
April 24th (Sun)	IM・PD	May 5th (Hol/Thu)	IM
April 29th (Hol/Fri)	IM	May 8th (Sun)	IM
		May 15th (Sun)	IM

Please call in advance to confirm.

QUESTIONS: Sōraku Emergency Medical Clinic (Sōraku Hall)

そうらくきゅうじつおうぎゅうしんりょうじょ そうらくかいがんない

相楽休日応急診療所 (相楽会館内) TEL: 0774-73-9988

What to do if...

You have a question about something in Ichigo:

Call Jacob Biros, Coordinator for International Relations at the Seika Town Office. You may also call if you need an interpreter, as most of the events and classes in Ichigo will be in Japanese.

You have a problem with life in Japan:

If you have any questions or problems concerning life in Japan not related to an article in Ichigo, please contact Jacob Biros, Coordinator for International Relations at the Seika Town Office.

TEL : 0774-95-1900 FAX: 0774-95-3971 E-mail: cir@town.seika.kyoto.jp or kikaku@town.seika.kyoto.jp (Planning and Coordinating Division)

You have an issue with your visa or other questions:

The Kyōto City International Foundation (located at 2-1 Toriichō Awataguchi, Sakyō-ku, Kyōto-shi) , offers advice and consultation on visa issues and general problems. **Visa consultations are available on the 1st and 3rd Saturdays of every month (appointment required). Consultations can be done in English, Chinese, Korean, and Spanish.** General counseling is available Tuesday to Sunday from 9:00 to 21:00.

TEL: 075-752-3511 Homepage: <http://www.kcif.or.jp/en>

ONLINE INFO

Facebook



Town Website



Check out the Kyōto CIR blog: <http://tabunkakyoito.wordpress.com/>