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MY NUMBER HOLIDAY RECEPTION**My Number Holiday Reception Window**

On February 25 (Sunday) from 9AM-12PM and 1PM-4:45PM, there will be a holiday reception counter for My Number Card applications at the My Number Card special reception counter on the second floor of Seika Town Hall. This is only for those who have received the My Number notification card. A reservation is required.

Contact: General Services Counter

TEL: 0774-95-1915

E-mail: madoguchi@town.seika.lg.jp

FOOD POISONING FROM NOROVIRUS

From December to March cases of food poisoning from Norovirus are occurring often. To prevent this from happening, make sure to wash your hands thoroughly, and do things like clean and sanitize your dishes with hot water after each use and cook food to and keep it at 85 degrees Celsius or above for at least a minute. Symptoms like abdominal pain, fever, diarrhea and vomiting appear one to two days after contracting the virus. While the virus goes away normally after about two days and there are no symptoms after recovery, it takes about a week to fully recover. Please refrain from returning to work or school immediately after all symptoms are gone.

Contact: Health Promotion Division

TEL: 0774-95-1905

SEIKA EXCHANGE HALL CONCERT

Fifteenth PAT Krangel Concert: Welcome to the World of the Pipe Organ, the Queen of Instruments

A professional pipe organ player will put on a concert that everyone from children to adults can enjoy.

When: March 25 (Sun) ①1:30PM~ ②4:30PM~ (Doors open 30 minutes prior to concert starting. Each concert is approximately 60 minutes)

Headline:

- A Tour of Seika Town's Cultural Artifacts 2/18 and 2/25



Where: Seika Town Exchange Hall (Town Office 2F)

Capacity: 100 people (For both performances. If the number of applicants exceeds that number, tickets will be lotteried)

Application: By March 17, use the appropriate QR Code below or send a postcard with a reply card attached to the Planning and Coordinating Division at Seika Town Office (address printed in Contact). **NOTE: Application form is in Japanese ONLY.**

※For postcard applications, please write the following on the card's first half: your address, name, telephone number, names of all people applying, age, and "PAT Krangel Concert (1 or 2) Application." Up to 5 people can apply with one postcard.



Smart Phone



Cell Phone

Contact: Planning and Coordinating Division, Seika Town Office

〒619-0285 (This postal code is for the Town Office only, so there is no need to write the rest of the address)

TEL: 0774-95-1900

ENGLISH CAFÉ (*NOTE TIME CHANGE)

When: March 11 (Sun), 9:00 AM to 11:00 PM

Where: Mukunoki Center Classroom, 3rd Floor

Details: Watch an English presentation, freely speak in English, listen to music, sing songs and enjoy meeting other people. Foreign participants are welcome!

Cost: 500 Yen (Bring your own drink and snacks)

※No reservation required, just show up

Contact Info: Seika Global Network Representative Wakita TEL: 090-2191-9864

QUICK LIST

Hello and welcome to the Quick List! Each week we will present a short list of vocabulary that you can quickly put to use in daily life.

This Week's Theme: **Cold and flu season**

Please send me feedback! Is this list at a good level? Too hard? Too easy? Also, if you have topic suggestions please tell me what you want to learn!

1. 症状 — しょうじょう — symptom(s)
2. くしゃみ — sneeze
3. 偏頭痛 — へんずつう — migraine
4. ノロウイルス — のろウイルス — Norovirus
5. 移る — うつる — to spread, to be contagious
6. 予防接種 — よぼうせつしゅ — vaccination
7. 処方せん — しょほうせん — prescription
8. 錠剤 — じょうざい — pill
9. のどあめ — cough drop
10. お大事に — おだいじに — Take care (for sick people)!

単語



THIS MONTH'S EVENTS

Day	Time	Details	Place
Feb. 18 (Sun)	13:30 - 15:00	A Tour of Seika Town's Cultural Artifacts Pt. 1	Mukunoki Center, Mtg. Rm. 3&4
Feb. 25 (Sun)	1:50 - 17:00	A Tour of Seika Town's Cultural Artifacts Pt. 2	Seika Kururin Bus Zakuro Station

Mukunoki Center		
Day	Time	Details
2/7 (Wed)	15:00 - 17:00	Table Tennis Day
2/14 (Wed)	15:00 - 17:00	Table Tennis Day
2/21 (Wed)	15:00 - 17:00	Table Tennis Day
2/25 (Sun)	9:00 - 12:00	Smile Sports Arena
2/28 (Wed)	-	Closed

Health Center		
Day	Time	Details
2/8 (Thurs)	13:00 -	2 Yr-Old Dental Health Checkup
2/9 (Fri)	13:00 -	1.5 Yr-Old Checkup
2/14 (Wed)	13:00 -	3.5 Yr-Old Health Checkup
2/21 (Wed)	13:00 -	3 ~ 4 Month-Old Checkup
2/22 (Thurs)	13:00 -	9 ~ 10 Month-Old Checkup
3/1 (Thurs)	13:00 -	2 Yr-Old Dental Health Checkup

EVENTS

A Tour of Seika Town's Cultural Artifacts

※This event will be held in two parts, but it is not necessary that you attend the first part in order to attend the second part.

①Pre-Tour Presentation

Details: Come learn about the temple bells at Gokurakuji Temple and the thirteen-story stone pagoda at Shindenjinja Shrine.

When: February 18th (Sun), 1:30PM~3PM

Where: Mukunoki Center, Meeting Rooms 3 and 4

Capacity: First 50 people to arrive

②Cultural Artifacts Tour

Details: We will go and see the temple bells at Gokurakuji Temple and the thirteen-story stone pagoda at Shindenjinja Shrine.

When: February 25th (Sun), 1:50PM~5PM

Where: Meet at the Zakuro bus station for the Seika Kururin Bus by 1:50PM

Capacity: First 50 people to arrive

Cost: 300 Yen (Collected on the day of the tour. This includes insurance costs) + 100 Yen (for Seika Kururin Bus. See below)

※We will use the Seika Kururin Bus and walk to get from Zakuro to Yamada (this will cost 100 Yen in addition to the 300 Yen participation fee). In the event of light rain, the tour will still be held unless a severe weather advisory is issued.

Contact: Seika Town Office, Lifelong Learning Division

TEL: 0774-95-1907

KEIHANNA SMALL CONCERT

In The Atrium Lobby

Date: ①February 14th (Wed)

② February 28th (Wed)

Time: 12:15 PM - 12:45 PM

Songs: ① Chopin, "Nocturnes Op.

9, no. 2" and "Fantasie Impromptu"; Franz Liszt, "The Dance in the Village Inn" from *Mephisto Waltzes* (Piano) ② Tchaikovsky, Main Theme from *Swan Lake* (Piano)

Contact: Keihanna Plaza

Puchi Concert Committee

TEL: 0774-95-3361

WEBSITE: <https://www.keihanna-plaza.co.jp/event/concert/>

SŌRAKU EMERGENCY MEDICAL CLINIC SCHEDULE

SEIKA TOWN OFFICE
PLANNING AND
COORDINATION DIVISION

Kyoto-fu, Sōraku-gun, Seika-cho

Minami-Inayazuma, Kitajiri 70

TEL: 0 7 7 4-95-1 9 0 0

FAX: 0 7 7 4-9 5-3 9 7 1

EMAIL cir@town.seika.lg.jp

Date	Specialty	Date	Specialty
February 4th (Sun)	PD	March 4th (Sun)	IM・PD
February 11th (Hol/Sun)	PD	March 11th (Sun)	IM
February 12th (Hol/Mon)	IM	March 18th (Sun)	PD
February 18th (Sun)	PD	March 21th (Hol/Wed)	IM・PD
February 25th (Sun)	IM・PD	March 25th (Sun)	IM・PD

Please call in advance to confirm.

QUESTIONS: Sōraku Emergency Medical Clinic (Sōraku Hall)

そうらくきゅうじつおうきゅうしんりょうじょ そうらくかいかんだい

相楽休日応急診療所 (相楽会館内) TEL: 0774-73-9988

What to do if...

You have a question about something in Ichigo:

Call Allejah Franco, Coordinator for International Relations at the Seika Town Office. You may also call if you need an interpreter, as most of the events and classes in Ichigo will be in Japanese.

You have a problem with life in Japan:

If you have any questions or problems concerning life in Japan not related to an article in Ichigo, please contact Allejah Franco, Coordinator for International Relations at the Seika Town Office.

TEL : 0774-95-1900 FAX: 0774-95-3971 E-mail: cir@town.seika.lg.jp or kikaku@town.seika.lg.jp (Planning and Coordinating Division)

You have an issue with your visa or other questions:

The Kyōto City International Foundation (located at 2-1 Toriichō Awataguchi, Sakyō-ku, Kyōto-shi) , offers advice and consultation on visa issues and general problems. **Visa consultations are available on the 1st and 3rd Saturdays of every month (appointment required). Consultations can be done in English, Chinese, Korean, and Spanish.** General counseling is available Tuesday to Sunday from 9:00 to 21:00.

TEL: 075-752-3511 Homepage: <http://www.kcif.or.jp/en>

ONLINE INFO

Facebook



Town Website



キューピッド
Cupid