



Earthquake Preparedness and Response

Table of Contents

EARTHQUAKE PREPAREDNESS	1 - 2
MAYOR'S COLUMN	2
TOWN NEWS	3 - 4
TOWN EVENTS	4 - 6
QUICK LIST	6
FACILITY SCHEDULES	7
SISTER CITY NEWS	8
CONTACT INFO	8
WORD OF THE MONTH	8

Preparing for Earthquakes

1. Fall-proof your furniture

To prevent furniture in your home from falling over during an earthquake and pinning you down, be sure to anchor or fasten your furniture against a wall or other fixed surface.

2. Prepare a stock of emergency items

Prepare 3 days of food and drinking water, undergarments and other clothing, toilet paper, and other necessary items you may need.

Emergency Item Checklist ☒

- | | |
|--|---|
| <input type="checkbox"/> Potable water | <input type="checkbox"/> Valuables (ID, passport, etc.) |
| <input type="checkbox"/> Portable radio | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Clothing | <input type="checkbox"/> First-aid kit |
| <input type="checkbox"/> Footwear | <input type="checkbox"/> Writing utensils |
| <input type="checkbox"/> Food | <input type="checkbox"/> Rain gear |
| <input type="checkbox"/> Matches/lighter | <input type="checkbox"/> Toilet paper/tissue |



3. Confirm the location of your evacuation shelter and a safe route to it

Check beforehand the location of the evacuation shelter and research a safe route to take in the event of an earthquake or other natural disaster.

Seika Town Mascot
Kyōmachi Seika

"Always be prepared for natural disasters!"

What to do when an earthquake happens:

1. Ensure your own safety!
2. Secure an exit!



Get under a table, hold onto the legs, protect your head and wait for the shaking to stop.



Open a door to secure an exit and prevent it from getting stuck.

Continued on the next page →



Earthquake Preparedness and Response (Cont.)

Be sure to protect yourself!

The Northern Ōsaka Earthquake on June 18 and the Hokkaidō earthquake on September 6 caused harm to many people in each respective region. Strong earthquakes such as these can occur at any time and any place. To keep personal harm and damage to a minimum, be sure to check possible hazards around you in advance, think about ways to minimize injuries, and always be earthquake prepared.

Lastly...

In the event of a natural disaster like an earthquake, there are many actions you as an individual can and cannot take. Cooperating with others is helpful in tackling the things you are not capable of doing by yourself. Work together with your family, neighbors, and other people to protect your community.

Keep your home safe with a HOME FIRE ALARM

Install them on the ceiling of all bedrooms, your kitchen, the stairs, and other places...

The installation of a fire alarm in every home is required by law!



Seika Town Mayor's Column

Kaname's Monthly Introspection

The series of natural disasters that have been occurring over the last few months have gotten to the point where I find myself wishing nature would give us at least a slight reprieve. It is times like these that make me realize just how powerless mankind is against the raw power of nature.

From the heavy rains in July just before the start of *tsuyu* (the Japanese rainy season) to the record breaking heatwave during *tsuyu*, the entire country has been going through a bout of extreme weather this year.

As if acting in concert with the heat and rain, 14 typhoons developed over two months. Of the typhoons that directly impacted the Kinki region, Typhoon 21 (Jebi), the strongest post-war typhoon recorded, made landfall in Kōbe and caused unexpected damage to Kansai International Airport.

While unable to respond thoroughly to the frequent disasters, a level 7 earthquake hit southern Hokkaidō, adding to the country's woes.

During all of this, we held the last Respect for the Elderly gatherings of the Heisei era in Seika Town. Despite the unsettling skies, the early morning rain let up, and the venues were filled near capacity with lively participants.

In the first ceremony, a local resident of the Higashibata area, Chiyo Jōnishi, received a commemorative item celebrating her status as a centenarian. I could feel her determination to live a long life through her firm handshake.

The second ceremony contained performances by the Kōgakkan High School Wind Ensemble, an exercise experience held by the volunteer group "Suteki 65 Meito," a group that promotes health and longevity, and a professional comedian. The event ended on a thankful and inspirational note.

I hope to see their healthy, energetic faces next year as well!



Seika Town Mayor
Kaname Kimura



Seika-nishi Junior High Wins Gold at Kansai Wind Ensemble Competition

The wind ensemble from Seika-nishi Junior High School took the top prize in the junior high large group division at the 68th Kansai Wind Ensemble Competition held on August 25 at the Amagasaki City Cultural Center.

With their motto “Give it your all! Music With Soul!” the band members practiced rigorously for the competition. Following the second competition set piece, they performed “Saint Anthony Variations” by composer William Hill.

This year marks Seika-nishi Junior High School’s third appearance in the ensemble competition, but their first 1st-place win. The students were moved to tears upon winning. Wind ensemble club manager and conductor Ms. Mutsuko Hori praised the student members, saying “rather than the outcome, I’m proud of them for practicing hard with their friends and being able to have pride in that.”



Seihoku Dragons Take 2nd in Softball Tournament

The 49th Sōraku Elementary School Softball Tournament took place on August 18 at the Wazuka Active Park. Seihoku Dragons, a softball team of 4th~6th grade students from Seihoku Elementary School made an appearance in the tournament and claimed the runner-up spot.

Congratulations, Seihoku Dragons!



World Food Cultures and the World Map

The 21st It’s a Small World lecture was held at the Mukunoki Center on September 1. Approximately 60 local and foreign residents participated in the lecture.

The first half of the event focused on the food cultures of America, China, Indonesia, Malaysia, Vietnam, and Sweden. Foreign participants from each country cooked and introduced their dish while other participants provided assistance. After cooking, everyone had the opportunity to try each other’s dishes and converse.

In the latter half, representatives from the Kyōto Overseas Cooperative Association discussed their time spent overseas in developing countries and what kind of hardships they experienced. After that, participants learned about world maps and exchanged opinions such as how they’re different depending on the country.

The lecture was a great opportunity for everyone to make and eat good food, and to talk and think about the world from a different viewpoint.



A Concert of Smiles

Over 100 people, including children, attended the Keihanna Philharmonic's early afternoon "Musical Toy Box 16" concert on August 26 at the Seika Town Exchange Hall.

This concert, as part of the Keihanna Science City Culture Promotion Project, was started to give concert goers the rare opportunity to listen to pipe organ music played using the organ installed in the Town's Exchange Hall. This year's concert is the third since the event's inception.

This year's concert featured an ensemble performance with the pipe organ and the Keihanna Philharmonic Orchestra of Ghibli and Disney classics, and other popular and classical pieces. The audience greatly enjoyed hearing songs they are familiar with being performed.



Keeping Seika Clean

As part of the Green Recycle Movement's effort to stress cleanliness, members collected garbage as a group near the Kizugawa River and Hirakibashi area.

80 participants from various local groups picked up garbage near the roads and riverbed, including 20kg of used fireworks and other burnable garbage, and 80kg of cans, plastic bottles, disposed tires, and other non-combustible waste.

In addition to trash pick-up, participants advocated for the reduction of re-useable paper cup and plastic bottle waste, and how to reduce waste in general by preventing food-loss, dehydrating food waste, and thoroughly separating recyclable paper waste.

Keihanna Plaza Puchi Concert

Mini classical music concerts held in the Keihanna Plaza atrium lobby.

Musical pieces to be played (by session):

- ① Kōjō no Tsuki, "They Sense the Truth" from opera *A Life for the Tsar*
- ② Introduction and Polonaise brillante OP. 3 – Chopin

Date:

- ① 10/9 (Tues.) 12:15~12:45PM
- ② 10/18 (Thurs.) 12:15~12:45PM



Kōyō Illumination ~ Momiji on the Pond

View kōyō in a new light at Keihanna Commemorative Park's beautifully arranged garden. When day turns to night, the garden waterfall is turned off, creating a water surface on which the red momiji can reflect.

Date: Every Friday, Saturday, and Sunday evening between 11/3 ~ 11/25 from sun fall to 9:00PM (including holidays)

Fee: Park entrance fee (200 yen)

※ Entrance free on 11/3 (Hol. Sat.)





Seika Town Events

Seika Town Cultural Association Exhibition

Exhibition of artistic pieces by the following local groups:

- ① Fudekko Club, Seika Pen-ji Club, Tsudou Caligraphy Association, Fudemago Club
10/10 (Wed.) ~ 10/14 (Sun.) 10:00AM ~ 4:00PM
- ② Watercolor Circle Ai-chan, Digital Photography Club
10/24 (Wed.) ~ 10/28 (Sun.) 10:00AM ~ 4:00PM (Open from 11:00AM on 10/24)
- ③ Sketch Club, Hana Photography Club
10/31 (Wed.) ~ 11/4 (Sun.) 10:00AM ~ 4:00PM (Open from 11:00AM on 10/31)

Place: Seika Town Hall 2nd Fl. Exchange Hall (Kōryū Hall)

Inquiries: Seika Town Hall Lifelong Education Division (3rd Fl.) TEL: 0774-95-1907



16th Seika Town Children's Festival

A festival for children filled with experience and learning booths, wind ensemble performances, and other fun events. (More info available on flyer to be mailed on 11/2)

Date: 11/18 (Sun) 10:00AM ~ 3:00PM

Place: Keihanna Plaza

Inquiries: Seika Town Hall Lifelong Education Division (3rd Fl.) TEL: 0774-95-1907



Introduction to Ancient Japanese Manuscripts

Interested in reading old town documents or ancient Japanese documents in general? This class will teach participants how to read historical Japanese documents and the basics of reading cursive Kuzushiji characters. Viewings of authentic documents are planned as well.

Date: 11/3, 11/24, 12/22, 1/19, 2/16, 3/23 (all Sat.) 1:30PM ~ 3:30PM

Place: Seika Town Hall Library

Target Persons: Anyone available to participate on all class dates

Capacity: 20 max participants (lottery held if over max)

Apply: 10/10 (Wed.) ~ 10/23 (Tues.) from 9:00AM ~ 12:00PM or 1:00~5:00PM in person or by phone at Seika Town Hall Lifelong Education Division (3rd Fl.)

TEL: 0774-95-1907



Seika Exchange Hall Concert – Dōshisha Women's College Collaboration Concert

Musical performances by various groups (organist, vocal duo, wind ensemble) to be held at Seika Exchange Hall (Kōryū Hall).

Date: 11/23 (Hol./Fri.) 2:00 ~ 3:30PM (venue open at 1:30PM)

Place: Seika Town Hall 2nd Fl. Exchange Hall (Kōryū Hall)

Performers: Dōshisha Women's College Dept. of Music students, graduates

Capacity: 100 max participants (lottery held if over max)

Tickets: Apply by 11/8 (Thurs.) using the one of the QR codes on the right

Inquiries: Seika Town Hall Planning and Coordinating Division (5th Fl.) TEL: 0774-95-1900



Smart Phone QR Code



Cellphone QR Code



Seika Town Events

Japanese Message Contest – Recruiting Participants

Seika Global Network is looking for candidates to participate in its annual speech contest. Please read the info below if you would like to apply.

- Date:** 12/9 (Sun.) 2:00 – 4:30PM
- Place:** Seika Town Hall 2nd Fl. Exchange Hall (Kōryū Hall)
- Conditions:** Native language cannot be Japanese.
- Theme:** Any topic excluding religion, politics, or business interests
- Speech:** Must be roughly 5 minutes long; speakers may use visual aids such as slides or pictures. Please bring your own laptop and files.

How to Apply: Please fill out an application form and send either a written copy (printed out or in computer file format) or a recording of your speech (audio file, CD, etc.) to the address below. 10 finalists will be chosen to present their speech based on the content of the speech received.



To receive an application, contact the Planning & Coordinating Division at Seika Town Hall (TEL 0774-95-1900).

Prizes: 1st Place: 10,000 yen; Runners-up (2 contestants): 5,000 yen. All participants will receive a certificate commemorating their participation.

Judging: Winners decided on votes from audience members and a panel of judges.

Application period: Applications must be received by 5:00PM 11/9 (Fri.).

A homestay program coinciding with the Message Contest is also available to anyone who would like to attend the contest and stay with a Japanese family from 12/8 (Sat.) to 12/9 (Sun.) at a cost of 2,000 yen (to be paid by the contestant).

Applications/Inquiries: Seika Global Network Correspondence: Kitano (Ms.)

Kyōto-fu, Sōraku-gun, Seika-cho, Sakuragaoka 3-22-9 / FAX: 0774-72-5896

E-mail: seika-global-net-info@zeus.eonet.ne.jp

Website: <http://seikaglobalnet.wixsite.com/english>

QUICK LIST

Hello and welcome to the Quick List!
Each week we will present a short list of vocabulary.

This Week's Theme: Halloween

Please send us feedback! Is this list at a good level? Also, if you have topic suggestions please let us know.

- | | |
|--------------------------------------|-----------------------------------|
| 1. Pumpkin - かぼちゃ | 6. Scream - 悲鳴 <small>ひめい</small> |
| 2. Costume - 仮装 <small>かそう</small> | 7. Spider - クモ |
| 3. Ghost - お化け <small>ば</small> | 8. Fear - 恐怖 <small>きょうふ</small> |
| 4. Bat - こうもり | 9. Spell - 呪文 <small>じゅもん</small> |
| 5. Skeleton - 骸骨 <small>がいこつ</small> | 10. Witch - 魔女 <small>まじよ</small> |

単語



Seika Town Events

Keihanna Philharmonic Orchestra Concert

A concert of famous classical pieces played by the Keihanna Philharmonic Orchestra.

Musical Selection:

9th Symphony with choral accompaniment – Ludwig van Beethoven
Prelude to 1st act of *Die Meistersinger von Nurnberg* – Richard Wagner

Date: 12/2 (Sun.) 2:00~ (venue opens at 1:00PM)

Place: Keihanna Plaza Main Hall

Tickets: Adults 1000 yen
“Friends of Keihanna Plaza” Members 700 yen
Elem. Aged children 500 yen
※Children under school age not allowed admittance

Purchasable at Keihanna Operations Department at Keihanna Plaza (3rd Fl.) on weekdays between 10:00AM ~ 5:00PM TEL: 0774-95-5115



Seika Town Facility Schedules

Sōraku Emergency Medical Clinic Schedule

Date	Specialty	Date	Specialty
10/7 (Sun.)	Internal Medicine · Pediatrics	11/3 (Hol./Sat.)	Internal Medicine
10/8 (Hol. /Mon.)	Internal Medicine	11/4 (Sun.)	Pediatrics
10/14 (Sun.)	Internal Medicine	11/11 (Sun.)	Internal Medicine · Pediatrics
10/21 (Sun.)	Internal Medicine · Pediatrics	11/18 (Sun.)	Internal Medicine · Pediatrics
10/28 (Sun.)	Internal Medicine · Pediatrics	11/23 (Hol./Fri.)	Internal Medicine
※Please call in in advance to confirm visit Sōraku Emergency Medical Clinic (TEL: 0774-73-9988)		11/25 (Sun.)	Internal Medicine · Pediatrics

Mukunoki Center

Date	Time	Details
10/10 (Wed.)	15:00~17:00PM	Table Tennis Day
10/17 (Wed.)	15:00~17:00PM	Table Tennis Day
10/21 (Sun.)	9:00AM~12:00PM	Hohoemi Sports Arena
10/24 (Wed.)	-	Closed
10/28 (Sun.)	10:00AM~	Children's Event (Center use limited to public)
10/31 (Wed.)	15:00~17:00PM	Table Tennis Day

Health Center

Date	Time	Details
10/10 (Wed.)	1:00PM~	2 yr. Old Dental Check-up
10/12 (Fri.)	1:00PM~	1.5 yr. Old Health Check-up
10/16 (Tues.)	1:30~3:30PM	Papa & Mama Class - Infant Nutrition
10/23 (Tues.)	1:00PM~	9-10 mon. Old Health Check-up
10/26 (Fri.)	1:00PM~	3-4 mon. Old Health Check-up

Sister City News



Residents browsing books on East Branch Library opening day



24/7 book rental vending machine just outside the library; residents can use the machine to borrow books when the library is closed.

Norman Public Library East Branch open for business

This past July as part of a commitment to provide free learning opportunities and more community services to the people of Norman, the city opened a new branch of its library system in east Norman.

The new 1,115 square meter East Branch Library boasts a number of helpful services such as a tablet lending service, meeting and study rooms, and a 24/7 book rental vending machine among others. Residents attending the opening voiced their appreciation for the new library, especially its close proximity to their homes. One local mother remarked on the ease of access, saying "it's so close to our home that we can come all the time to check out books, instead of just once a week."

Opening day was packed with Norman residents, many of them borrowing their first books from the new facility. "I think this library is going to be absolutely crowded from the very first day," said Norman Mayor Lynne Miller.

(Article and pictures courtesy of Norman Transcript)

About our Sister City - Norman, Oklahoma

Seika Town has maintained a sister city relationship with Norman, a city located in Oklahoma, USA, since 2005, and a friendly relationship through Kyoto Prefecture's sister state connection since 1985. The two municipalities work together to promote international exchange and cultural understanding to create more globally-minded communities.

Seika Town Hall

Planning and Coordination Division

Kyoto-fu, Sōraku-gun, Seika-cho

Minami-Inayazuma, Kitajiri 70

TEL: 0774-95-1900

FAX: 0774-95-3971

EMAIL: cir@town.seika.lg.jp

What to do if...

You have a question about something in Ichigo:

Call the Coordinator for International Relations at the Seika Town Office. You may also call if you need an interpreter, as most of the events and classes in Ichigo will be in Japanese.

You have a problem with life in Japan:

If you have any questions or problems concerning life in Japan not related to an article in Ichigo, please contact Allejah Franco, Coordinator for International Relations at the Seika Town Office.

TEL : 0774-95-1900 FAX: 0774-95-3971 EMAIL: cir@town.seika.lg.jp or kikaku@town.seika.lg.jp (Planning and Coordinating Division)

You have an issue with your visa or other questions:

The Kyōto City International Foundation (located at 2-1 Toriichō Awataguchi, Sakyō-ku, Kyōto-shi), offers advice and consultation on visa issues and general problems. **Visa consultations are available on the 1st and 3rd Saturdays of every month (appointment required). Consultations can be done in English, Chinese, Korean, and Spanish.** General counseling is available Tuesday to Sunday from 9:00 to 21:00.

TEL: 075-752-3511 Homepage: <http://www.kcif.or.jp/en>

Find us online!

Facebook



Town Website



もみじ
Japanese Maple

The Japanese Maple, or *momiji*, is a tree native to many parts of Asia including Japan, China, Korea, and southeast Russia. During *kōyō*, Japan's leaf-peeping season, the leaves of the *momiji* tree turn various shades of orange, red, and yellow and create picturesque autumn scenes. Many temples in Kyoto are known for their scenic beauty during *kōyō*.

Check out the Kyōto CIR blog: <http://tabunkakyoto.wordpress.com/>